



“I came so they can have real and eternal life, more and better life than they ever dreamed of.” *John 10:10b The Message*

“Death is more universal than life; everyone dies but not everyone lives.”  
– Alan Sachs

“I don’t want to get to the end of my life and find I have just lived the length of it. I want to live the width of it as well.” – Diane Ackerman

“As a well-spent day brings happy sleep, so a well-spent life brings happy death.”  
– Leonardo da Vinci

### 4 foundations for a full life

#### 1. REALIZE \_\_\_\_\_

Teach us to number our days and recognize how few they are; help us to spend them as we should. *Psalm 90:12 LB*

...we beg you, please don’t squander one bit of this marvelous life God has given us. *2 Corinthians 6:1 The Message*

#### 2. RISK \_\_\_\_\_

See the parable of the talents in Matthew 25:14–30

#### 3. REST \_\_\_\_\_

Be still and know that I am God. *Psalm 46:10*

#### 4. RELY \_\_\_\_\_

[Jesus:] “I am the **true vine**, and my Father is the **vinedresser**. Every branch in Me that does not bear fruit He takes away; and every branch that does bear fruit He **prunes**, that it may bear more fruit. . . **Abide in me**, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you **abide in me**. I am the vine, you are the branches. He who abides in me, and I in him, bears much fruit; for without Me you can do nothing.”  
*John 15:1–5 NKJV*

**WITH GOD,** \_\_\_\_\_ **!**

### When Jesus knew he had about one month to live, what did he do?

- **He left boldly**

As the time approached for Him to be taken up to heaven, Jesus resolutely set out for Jerusalem. *Luke 9:51 NV*

- **He lived passionately**

When the city came into view He wept over it. *Luke 19:41 The Message*

- **He loved completely**

Jesus knew that the time had come for Him to leave this world and go to the Father . . . He now showed the full extent of His love. *John 13:1 NV*

- **He obeyed humbly**

He humbled Himself and became obedient to death — even death on a cross! *Philippians 2:8 NV*

**These 4 attitudes form the outline of our One Month to Live series!**

## daily meditations

### monday

Look back over the message notes. What stood out for you? Why? How did you sense the Lord leading you to change?

Read Psalm 90 and consider how the author brings our short lives clearly into perspective. What does this passage suggest about how you can find meaning in your short years here on earth?

What's one proactive decision you can make today that will make this day count for eternity?

*Tell God in prayer that you would like a more "abundant life." Ask Him to help you stay aware, in a constructive way, of your own limited time.*

### tuesday

Read Matthew 25:14–30. What do you think is the point of this parable?

What are you already doing to invest your time for eternity?

What one or two risks do you need to take to invest better for God's purposes — for eternal values (More specifically, what investments of time might you need to make despite the potential embarrassment, loss, pain, or cost)?

*Ask our Heavenly Father to help you invest your time and talents for things that please Him, and will make an eternal difference. Ask Him to give you the wisdom to make these choices well.*

### wednesday

Read Genesis 2:2–3; Exodus 23:12; Deuteronomy 5:13–14; Mark 6:31–32. While we do not want to be legalistic about taking a sabbath, it seems clear that the general principle of taking a weekly rest is well-established in Scripture. Why do you think this is so?

Are you yielding to your divine design and taking a weekly sabbath?

What is one way you might honor God with your built-in need for rest?

*Thank God for giving you a weekly day of rest. Ask Him to remind you of that throughout the sabbath.*

### thursday

Read John 15:1–5. Are you trying to change with willpower or God's power?

What do today's verses imply about the key to growth?

How do you "abide" in Christ?

How can you do this more continuously, starting today?

*Ask Jesus to help you "abide" in Him more continuously, through constant communication and confession.*

### friday

Read Hebrews 11:8–12; 20–23; 31–34. This is known as the "Hall of Fame of Faith," yet all of the Bible characters mentioned here have one thing in common: They all made mistakes. In fact, some of them made huge mistakes. And yet God used them in amazing ways. Not because they were perfect. But because they had faith, and acted on it. How does this encourage you?

You may be feeling like it's too late for you to live the life you were intended to live. But for God, it's never too late!

*Thank God today that He can redeem every moment of every life. Give him every moment of your life as an offering today.*

### saturday

*Please pray for this weekend's services, that they may be used in great ways by God. Go back over this past weekend's devotions and memory verse, asking God again to teach you truths you need to hear.*

*Some questions adapted from "One Month to Live" book and devotional journal*

#### In what area of your life are you struggling most to change?

- getting into shape**
- losing weight**
- breaking a bad habit**
- relationship issues**
- getting spiritually fit**
- not procrastinating**
- other:**



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*Psalm 90:12 LB*