

Thanksliving ... together

OUR THANKFULNESS FLOWS FROM...

1. _____

And let the **peace that comes from Christ rule in your hearts**. For as members of one body you are called to live in peace. And **always be thankful**. Colossians 3:15

For **Christ himself has brought peace to us**. He united Jews and Gentiles into one people when, in his own body on the cross, he broke down the wall of hostility that separated us. Ephesians 2:14

2. _____

Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God **with thankful hearts**. Colossians 3:16

All of this is for your benefit. And as God's grace reaches more and more people, **there will be great thanksgiving, and God will receive more and more glory**. 2 Corinthians 4:15

3. _____

And **whatever you do or say**, do it as a representative of the Lord Jesus, **giving thanks** through him to God the Father. Colossians 3:17

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. 1 Thessalonians 5:18

RESOURCES:

- *The Grumblers Guide to Giving Thanks*, Dustin Crowe
- *Get Out of Your Head*, Jennie Allen

QUESTIONS

For personal reflection or group study

CONNECT

What's the last thing you grumbled about? What's the last thing you were thankful for? Are you naturally more optimistic or pessimistic?

ENGAGE

1. Please read Colossians 3:15-17. Why do you think the Apostle Paul placed such an emphasize on gratitude and thanksgiving? How does thanksgiving impact your relationships?

For the next few questions, as you read the passage, notice how God is thanked, what He is thanked for and the results of giving thanks. Reflect on what that teaches you about being thankful.

2. Please read Psalm 33. Make a list from this psalm of all the things about God you can be thankful for. Which one most encourages you today?
3. Please read Psalm 138. Make a list from this psalm of all the things about God you can be thankful for. Which one most encourages you today?
4. Please read Psalm 118. Make a list from this psalm of all the things about God you can be thankful for. Which one most encourages you today?

APPLY

Whether you naturally lean towards optimism or pessimism, what step will you take this week to build "and be thankful" (Colossians 3:15b) into your life?

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