

Strength for the New Year

FOR STRENGTH IN AN UNCERTAIN FUTURE, REMEMBER GOD IS...

Who else has **held the oceans** in his hand? Who has **measured off the heavens** with his fingers? Who else knows the **weight of the earth** or has weighed the mountains and hills on a scale? ...He picks up the **whole earth as though it were a grain of sand.** Isaiah 40:12,15b NLT

All **the nations of the world** are but a drop in the bucket. They are nothing more than dust on the scales. Isaiah 40:15a NLT

Have you never heard? Have you never understood? The Lord is the everlasting God, the Creator of all the earth. **He never grows weak or weary.** No one can measure the depths of his understanding. Isaiah 40:28 NLT

He gives power to the weak and **strength to the powerless.** Even youths will become weak and tired, and young men will fall in exhaustion. But **those who trust in the Lord will find new strength.** They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:29-31 NLT

All of us, like sheep, have strayed away. We have left God's paths to follow our own. Yet the Lord laid on **him** the sins of us all. Isaiah 53:6 NLT

HOW CAN I EXPERIENCE GOD'S POWER IN THE NEW YEAR?

1.

God's glory is on tour in the skies, God-craft on exhibit across the horizon. Psalm 19:1 ${\rm TM}$

2.

The LORD is great! But as for me, I am poor and needy; may the Lord think of me. You are my help and my deliverer... Psalm 40:16b,17 NIV

3.

For God has **not given us a spirit of fear and timidity**, but **of power**, love, and self-discipline. 2 Timothy 1:7

DAILY MEDITATION

Each day this week, read through the verses below about God's power. Then consider these questions:

- 1. How can remembering verses about God's power give you strength in the new year?
- 2. In this new year, what will be your daily strategy for meditation on God's power?
- 3. In this new year, how can you act in God's power to be a conduit of His strength to those who need it? What might hinder you? How will you overcome that obstacle?

Father to the fatherless, defender of widows— this is God, whose dwelling is holy. God places the lonely in families; he sets the prisoners free and gives them joy. Psalm 68:5-6a

Great is the LORD and most worthy of praise; His greatness no one can fathom... The LORD is good to all; He has compassion on all he has made. Psalm 145:3,9

The Lord rules over the floodwaters. The Lord reigns as king forever. The Lord gives his people strength. The Lord blesses them with peace. Psalm 29:10,11

He will feed his flock like a shepherd. He will carry the lambs in his arms, holding them close to his heart. He will gently lead the mother sheep with their young. Isaiah 40:11

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. Deuteronomy 31:8

NEXT WEEK: NEW SERIES FOR THE NEW YEAR



You don't have to let worry and fear control your life. Our five-week New Year series dives into Philippians 4:6-7—the most highlighted passage of any book on the planet, according to Amazon. Our series ties into the New York Times bestseller by Max Lucado, Anxious for Nothing.

- To order your book, visit tlc.org/calm or call 831-465-3300 or email anna@tlc.org for pickup at TLC.
- Visit tlc.org/FindMyGroup to find a zoom-based small group that will meet weekly to discuss the book and messages

Start 2021 in an intentional, spiritually constructive way!