



I AM SLOW TO ANGER

And he passed in front of Moses, proclaiming, “The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation.” - **Exodus 34:6-7 NIV**

“When you see somebody you love in pain, it should move you emotionally. And it should move you to action, to do something about it. That’s why Yahweh’s love is an attribute, but his wrath isn’t. The Scriptures teach that ‘God is love,’ but we never read ‘God is wrath.’ Wrath, or anger, is Yahweh’s response to evil in the world.”

- **John Mark Comer**

“The biblical word judgment means ‘the decisive word by which God straightens things out and puts things right.’ [...] Judgment is not a word about things, describing them; it is a word that does things, putting love in motion, applying mercy, nullifying wrong, ordering goodness.”

- **Eugene Peterson**

He is patient with you, not wanting anyone to perish, but everyone to come to repentance. - **2 Peter 3:9b NIV**

NOTES:

Guest Speaker Jay Kim

OTHER RESOURCES

The Bible Project on Exodus 34:6-7: https://d1bsmz3sdihplr.cloudfront.net/media/Study%20Notes/CoG_Exodus_VN_final.pdf

“Sin attacks and degrades our humanity. It makes us less human, not more. By not sinning, Jesus is more human than we are. [...] Jesus doesn’t use a superhuman advantage to win; he refuses the inhumanity we all participate in.”

- **Joshua Ryan Butler** (The Pursuing God)

“Our anger... is quick to flare up. It’s in a rush. It doesn’t wait for the whole story to come out or to give a second chance. It’s impatient. Whereas Yahweh’s anger is on tempo. Patiently waiting. It builds up to the right time and place.”

- **John Mark Comer** (God Has a Name)

Whoever is **slow to anger** has great understanding, but one who has a hasty temper exalts folly. - **Proverbs 14:29 NRSV**

You must understand this, my beloved: let everyone be quick to listen, slow to speak, **slow to anger**; for your anger does not produce God’s righteousness.

- **James 1:19-20 NRSV**

QUESTIONS for personal reflection or group discussion

1. How have you thought about God’s anger in the past?
What did you learn about the truth, “God is slow to anger”, in last weekend’s message?
2. Please read Psalm 30:5. As Jay mentioned this weekend, God’s anger isn’t something we’re often comfortable with. Why is it important for you to understand the balance of God’s anger and favor as this verse says? What impact can this have on your choices?
3. Please read Proverbs 14:29, Ephesians 4:26, Colossians 3:8 and James 1:19,20. Are you someone who has a quick temper? What do these verses tell you about you being “slow to anger”? How could learning to slow your temper and angry reactions help you and your relationships? How can you apply these verses right away?
4. Please read 2 Peter 3:9. How does this verse give you hope today? How does it help you understand that God is “slow to anger”?

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