

UNLEASHING PEACE

FINDING PEACE IN UNCERTAIN TIMES

René Schlaepfer with Curtis Chang

Common ways our brains respond to uncertainty:

- _____ (what will happen next?)
- _____ (I will control what happens next!)
- _____ (only bad things will happen next)

What does the Bible have to say about these responses to uncertainty?

Anxiety: I can be certain of _____

(Jesus) "I have told you these things, so that in me you may have **peace**. In this world **you will have trouble**. But take heart! I have **overcome** the world." John 16:33

We **always** carry around in our body the **death** of Jesus, so that the **life** of Jesus may **also** be revealed in our body. For we who are alive are **always** being given over to **death** for Jesus' sake, so that the **life** of Jesus may **also** be revealed in our mortal body. 2 Corinthians 4:10,11

Curtis Chang's online anxiety curriculum

<https://redeemingbabel.org/course/anxiety-as-opportunity-for-spiritual-growth/>

Aggression: I can be certain of _____

(Jesus) "**Love** your enemies, **do good** to those who hate you, **bless** those who curse you, **pray** for those who mistreat you. If someone slaps you on one cheek, turn to them the other also." Luke 6:27b-29

Do not be overcome by evil, but **overcome evil** with good. Romans 12:21

Be quick to hear, **slow to speak, slow to anger**; for the anger of man **does not produce** the righteousness of God. James 1:19b-20 ESV

Despair: I can be certain of _____

He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away. Revelation 21:4

DISCUSSION QUESTIONS

1. Write out in the space below one thing you have been anxious about recently. This could be something at work, in family, in a relationship, about finances, health, something happening in society.

Based on what you learned in this week's message, what would Jesus say to you about your anxiety?

2. Read Romans 8:28. René urged us to remember we are promised both trouble and triumph. In fact, we are promised God will redeem all things for good. What is one way you've seen God use some trouble for good in your own life?
3. Read Luke 6:27-29. How does the strategy of Jesus totally differ from the world's strategy in a fight?
4. Read Revelation 21:4,5. How does this ultimate promise of God ease your sense of uncertainty?

LIFE AT TLC

Spanish ministry at TLC

- Spanish language Bible Study September 7
 - Caolo Zamorano Gospel Music Concert October 7
 - New Spanish Church Service October 23
- Contact julian@tlc.org #twinlakesespanol

New Fall Series "You'll Get Through This!" (Life of Joseph) Starts Sept. 24/25!

- Small group leaders needed! Contact jim@tlc.org

Baby Dedications

- September 24/25; Info at tlc.org/baby

Kid's Choir Starts September 14

- Wednesdays 3pm; Info at tlc.org/kidschoir

You can find help or share prayer requests at tlc.org/help and tlc.org/prayer

You can participate in our offering at tlc.org/give