



## WEEK 1: WORDS

**Series key verse:** “A new command I give you: **Love one another**. As I have loved you, you must **love one another**. By this all will know you are my disciples, if you **love one another**.” John 13:34,35

Do not let any unwholesome talk come out of your mouths, but only what is helpful for **building others up** according to their needs, that it may benefit those who listen. Ephesians 4:29

**Someone I'd like to build up:** \_\_\_\_\_

### How to build one another up: Three insights from Proverbs

#### 1. Use \_\_\_\_\_ rather than \_\_\_\_\_ words

A gentle answer turns away wrath, but a harsh word stirs up anger. Pr. 15:1

Through patience a ruler can be persuaded, and **a gentle tongue can break a bone**. Pr. 25:15

#### 2. Use \_\_\_\_\_ rather than \_\_\_\_\_ words

Gentle words are a tree of life; a **deceitful tongue crushes the spirit**. Pr. 15:4 NLT

**In the end**, people appreciate **frankness** more than flattery. Pr. 28:23 NLT

#### 3. Use \_\_\_\_\_ rather than \_\_\_\_\_ words

A word **aptly** spoken is like apples of gold in settings of silver. Pr. 25:11

The lips of the righteous know what is **fitting**... Pr. 10:32 NIV

...know what is **acceptable**... ESV

...know what is **appropriate**... CSB

...**drop grace**... BST

#### Yes... but how?

A wise man's **heart** guides his mouth... Pr. 16:23

(Jesus) “... out of the overflow of the **heart** the mouth speaks.” Matthew 12:34

\_\_\_\_\_ **problems are really** \_\_\_\_\_ **problems**

## DISCUSSION QUESTIONS

1. Read through and reflect on the One Another verses. What stirs you? What challenges you?
2. What difference would a One Another-ing church make to a watching world? How is God calling you to contribute?
3. Read Romans 12:9-21. This passage lists several ways we as followers of Christ can “build one another up.” What gets in the way of this regularly happening among God’s people? Which of these come most naturally to you? Are there ones that you struggle to live out?
4. Who is one person you will focus on “building up” this week?

### IN THIS SERIES:

**Weekend messages**

**Midweek classes**

**Start Wednesday 1/18 • Dinner 5:15 • Seminar 6:30**

**Daily video devos**

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## THE ONE ANOTHERS

The phrase “one another” appears over 100 times in 94 Bible verses. Here is a sample:

### LOVE ONE ANOTHER

A new commandment I give to you, that you **love one another**. As I have loved you, you also are to **love one another**. By this all will know you are my disciples, if you **love one another**. (John 13:35)

This is my commandment, that you **love one another** as I have loved you. (John 15:12)

These things I command you, so that you will **love one another**. (John 15:17)

Plus 10 more!

### ENCOURAGE ONE ANOTHER

Therefore **encourage one another** with these words. (1 Thessalonians 4:18a)

Therefore **encourage one another** and **build up one other**... (1 Thessalonians 5:11)

But **encourage one another** daily... (Hebrews 3:13a)

Try to **build each other up**. (Romans 14:19b NLT)

Let us consider how we may **spur one another on** toward love and good deeds (Hebrews 10:24) ...not neglecting to meet together, as is the habit of some, but **encouraging one another**... (Hebrews 10:25)

Do not let any unwholesome talk come out of your mouths, but only what is helpful for **building others up** according to their needs, that it may benefit those who listen. (Ephesians 4:29)

### SERVE ONE ANOTHER

Through love **serve one another**. (Galatians 5:13)

**Wash one another's feet**. (John 13:14)

**Be devoted to one another** in love... (Romans 12:10a)

**Bear one another's burdens**, and so fulfill the law of Christ. (Galatians 6:2)

**Be hospitable** to one another... (1 Peter 4:9)

Seek to **do good to one another** and to everyone. (1 Thessalonians 5:15)

...use whatever gift you have received to **serve one another**.... (1 Peter 4:10)

## TEACH AND SING AND PRAY FOR ONE ANOTHER

**Speak to one another** with psalms, hymns, and spiritual songs... (Ephesians 5:18b)

...**instruct one another**. (Romans 15:14)

...**teaching and admonishing one another** in all wisdom... (Colossians 3:16)

...**pray for one another**, that you may be healed. (James 5:16b)

### LIVE IN PEACE WITH ONE ANOTHER

Be at **peace with one another**. (Mark 9:50)

Be completely humble and gentle; be patient, **bearing with one another** in love. (Ephesians 4:2)

Bear with each other and **forgive one another**... (Colossians 3:13)

Live in **harmony with one another**. (Romans 12:16)

Live in **harmony with one another**, in accord with Christ Jesus... (Romans 15:5)

**Submit to one another** out of reverence for Christ. (Ephesians 5:21)

Clothe yourselves, all of you, with **humility toward one another**... (1 Peter 5:5b)

**Honor one another** above yourselves. (Romans 12:10b)

**Accept one another**, then, just as Christ accepted you.... (Romans 15:7)

Be **kind and compassionate** to one another, **forgiving one another**, as God in Christ forgave you. (Ephesians 4:32)

Consider **one another as more important** than yourselves (Philippians 2:3)

**Don't grumble against one another**, brothers and sisters, or you will be judged. (James 5:9)

Brothers and sisters, **do not slander one another**. (James 4:11a)

Therefore let us **stop passing judgment on one another**. (Romans 14:13)

We should **not** become boastful, **provoking one another, envying one another**. (Galatians 5:26)