

PRAYER UPDATE

PHYSICAL ILLNESSES & SURGERIES this past week

Steve Glaum - minor neck surgery went well, no complications. He still has no feeling in his right leg from the knee down but he is showing progress in his walking. His kidneys are almost normal but his heart still needs healing. Thank you for continued prayer.

Ethan Pope (8 yrs old) - after 2 1/2 years continues to fight leukemia. Pray Ethan's immune system will rise so they can continue treatment and that the remaining cells will be banished from his body. Ethan will be staying at or near LPCH for 5 to 6 months. Pray for the whole family during this long journey.

Robert Burns, Betsy Bambauer, Morgan Anderson, Linda Wadley, Patricia Franklin and Angel Flebbe - at Dominican Hospital this past week. Pray for their recovery.

1st Lieutenant Ryan Evans - had emergency surgery on 5/9 due to infection on his colon. Continue to pray for Ryan's physical, spiritual and emotional recovery as he gains strength after an intense battle with complications from pancreatitis.

Clarke Masters - had to undergo another cardioversion at Stanford on 5/13. Pray that his heart will get back into regular rhythm and for no further complications.

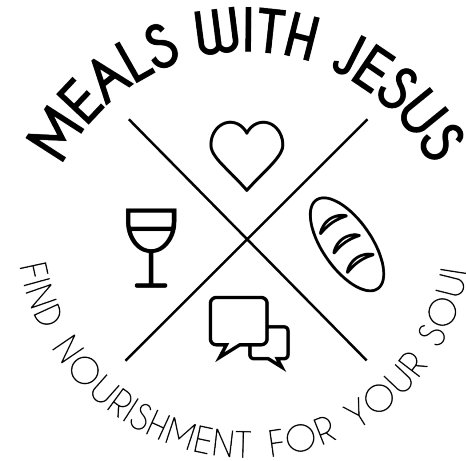
HOME WITH THE LORD

Ken Olson - is with his loving Creator and completely whole. He passed into the presence of the Lord on May 10th after a battle with cancer. Please remember the family in your prayers as they grieve his loss.

Janie Beverly's mom, Ruby Sanborn - went home on May 10th and is with her Lord and Savior. Please remember the Beverly family in your prayers.

If you would like to minister to a shut-in with a regular visit, or if you'd like us to visit your loved ones in the hospital please contact Carrie Clark 465-3368 | care@tlc.org

A complete prayer list is available at the Info Desk.



SLOW FOOD

RENÉ SCHLAEPFER
MAY 14 & 15

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her." Luke 10:38-42 NIV

Like many Christians, Martha was...

- _____
- _____
- _____
- _____
- _____

THREE ELEMENTS OF A PRIORITIZED LIFE

“CHOOSE”

DISTINGUISH THE _____
FROM THE _____

(Jesus)“Mary has **chosen** what is better and it will not be taken away from her.” Luke 10:42 NIV

Don’t shuffle along, eyes to the ground, **absorbed with the things right in front of you**. Look up, and be alert to what is going on around Christ—that’s where the action is. See things from His perspective. Colossians 3:2 TM

“SIT”

MAKE TIME FOR _____
NOT JUST PHYSICAL PREP

But Martha was **distracted by all her preparations** that had to be made. Luke 10:40a

I am afraid, however, that just as Eve was deceived by the serpent’s cunning, **your minds may be led astray** from your **simple and pure devotion to Christ**. 2 Cor. 11:3 BSB

“LISTEN”

PRACTICE _____ OVER SELF-FOCUS

“Don’t You care that **my** sister has left **me** to do all the work by **myself**? Tell her to help **me!**” Luke 10:40b

(Jesus)“**Give your entire attention** to what God is doing right now and **don’t get worked up** about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.” Matthew 6:34 MSG

Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom **through psalms, hymns, and songs** from the Spirit, singing to God with gratitude in your hearts. Col. 3:16 NIV

RESOURCES

Tim Chester, *A Meal with Jesus: Discovering Grace, Community, and Mission Around the Table*

Doug Fields, *Choosing What Matters Most*, sermon at Saddleback Church

Kenny Luck, *It’s Time to Capture the Moment*, sermon at Saddleback Church

THIS WEEK’S MEMORY VERSE

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.” Luke 10:41-42

DAILY MEDITATIONS

Brief daily readings based on this weekend’s topic:

MONDAY Look over your notes. What points hit home for you? Why? Of the verbs describing Mary (choose, sit, listen) which is hardest for you? *Lord, help me stay eager to serve—yet not get so distracted by the details that I become as resentful and burned out as Mary.*

TUESDAY Read Psalm 27:4 and Philippians 3:13. What is the “one thing” chosen by the writers in these verses? What do you need to forget, according to Philippians 3:13, to have this one focus? How can the past interfere with my focus? *Lord, help me focus on one thing: You. When I focus on you I see your love, and become an emissary of your love to others. Help me forget the past and move forward.*

WEDNESDAY Read Luke 10:38-40. Martha was eager to serve Jesus. But what distracts her? How can that happen to those eager to serve God today? How do you see resentment in Martha? *Lord, help me not to be so focused on details that I miss the big picture: You! Help me stay away from resentment and blame.*

THURSDAY Read Luke 10:41,42. Mary had to make a choice, and Jesus said she chose wisely. What did Mary choose? Why is that often hard in day-to-day life? How can you make that choice? Who are you most like, Mary or Martha? *Lord, help me realize that much of my stress is a result of how I choose to respond to life’s demands. Help me know what you are teaching me through this story.*

FRIDAY Read 2 Cor. 11:3. How can people be subtly led astray from a pure and simple devotion to Christ? What complicates our focus? *Lord, help me to have a simple focus on Jesus.*

SATURDAY Read Colossians 3:16. How can you help the word of Christ dwell in you richly this weekend? How can songs help you in this? *Lord I ask that you bless the weekend services at TLC and your other churches today! Amen!*