

# PRAYER UPDATE

## PHYSICAL ILLNESSES & SURGERIES this past week

**Ethan Pope (8 yrs old)** - is home on his pump for 25 days, going back to LPCH twice a week. He will start receiving radiation on 7/26 in preparation for a 8/9 stem cell transplant. Please pray for his little sister, Sienna, who will be his donor.

**David Beck** - at Dominican with a blood clot behind his left knee and with clots in his lungs and heart.

**Lucille Wells** - at Dominican due to heart issues. Please pray for her recovery.

**Chuy Garcia** - Amazing results after his surgery and follow-up test. No tumors seen in any organs, and the cancer in the colon has shrunk to microscopic! Chuy and Deanna are praising God. Please pray he will recover completely and gain back some weight.

**1st Lieutenant Ryan Evans** - after being home on leave for several weeks, returned to Del Rio Texas a much stronger man! He has one more procedure to have a stent removed on 7/14. Pray his procedure goes smoothly and for his continued recovery.

## HOME WITH THE LORD

**Linda Mallory's sister, Tanya** - passed into the presence of the Lord on June 29th. Please remember her family and friends in your prayers as they grieve her loss.

**Letchimy Vena, mother of Sira Taylor** - passed away on the June 22nd. Pray for Sira and her husband Don, and their children as they grieve the loss of her mom.

**If you would like to minister to a shut-in with a regular visit, or if you'd like us to visit your loved ones in the hospital please contact Carrie Clark 465-3368 | care@tlc.org**

**A complete prayer list is available at the Info Desk.**



# Authentic

Real prayers. Real people.

## GOD, I FEEL DISORIENTED

JULY 9 & 10 // RENÉ SCHLAEPFER

### THREE KINDS OF PRAYERS IN THE BIBLE:

#### 1. PRAYERS OF \_\_\_\_\_

I will exalt you, my God the King;

I will praise your name **for ever and ever**.

**Every day** I will praise you

and extol your name **for ever and ever**.

**Great is the Lord** and most worthy of praise;  
his greatness no one can fathom.

The Lord is **gracious** and **compassionate**,  
slow to anger and rich in **love**.

The Lord is **good to all**;

he has compassion on all he has made. Psalm 145:1-3;8-9

#### 2. PRAYERS OF \_\_\_\_\_

I am **overwhelmed with troubles**

and my life draws near to death.

You have put me in the **lowest pit**,

in the **darkest depths**.

Your wrath lies **heavily** on me;

you have **overwhelmed me** with all your waves.

Why, Lord, do you **reject me** and **hide your face** from me?

Your **terrors have destroyed me**.

All day long they surround me like a **flood**;

they have completely **engulfed** me.

You have **taken from me** friend and neighbor—

**darkness** is my closest friend. Psalm 88: 3,6-7;14;16-17

### 3. PRAYERS OF \_\_\_\_\_

I will exalt you, Lord,

for **you lifted me out of the depths**

and did not let my enemies gloat over me.

Lord my God, I called to you for help, and **you healed me.**

You, Lord, **brought me up** from the realm of the dead;

you spared me from going down to the pit.

Sing the praises of the Lord, you his faithful people;

praise his holy name.

For his anger lasts only a moment, but **his favor lasts a lifetime;**

weeping may stay for the night,

but **rejoicing comes in the morning.**

When **I felt secure**, I said, "**I will never be shaken.**"

Lord, when you favored me, you made my royal mountain

stand firm; but when you **hid your face, I was dismayed.**

To you, Lord, I called; to the Lord **I cried for mercy:**

You turned my **wailing into dancing;**

you removed my sackcloth and **clothed me with joy,**

that my heart may sing your praises and not be silent.

Lord my God, I will praise you forever. Psalm 30:1-8; 10-12

## THE SHAPE OF FAITH:

## RECOVER THE LOST ART OF LAMENT

- Lament is not only \_\_\_\_\_ but \_\_\_\_\_
- Lament breaks us of the temptation toward \_\_\_\_\_
- Lament leads to \_\_\_\_\_

Even Jesus lamented: "Jesus wept." John 11:35

### Why did he weep? Because he knew:

1. The utter \_\_\_\_\_
2. The utter \_\_\_\_\_
3. The utter \_\_\_\_\_ toward bringing good from evil

## BOTTOM LINE:

Our ultimate hope is in the complete reversal of death, sin, and grief that was begun by Jesus.

**Sources** Today I'm adapting much of a great chapter from *Astonished: Recapturing the Wonder, Awe, and Mystery of Life with God* by Mike Erre and also material from Walter Brueggeman, *The Message of the Psalms*

## THIS WEEK'S MEMORY VERSE

"You turned my wailing into dancing; you removed my sackcloth and clothed me with joy." Psalm 30:11

## DAILY MEDITATIONS

Brief daily readings based on this weekend's topic:

**MONDAY** Read Psalm 145:1-3 & 8-9. What stood out to you in last weekend's sermon and why? What words does the psalmist use to orient himself in this passage? Why do you think it is important to remind yourself of the bigger truths about God when you are praying? How could this comfort and encourage you when you're walking through dark times? *Lord, thank you that your presence with me is not dependent on how I'm feeling. Please give me the eyes to see beyond the darkness I feel. I pray that you will grow my faith and use me to encourage those around me who are in dark times.*

**TUESDAY** Read Psalm 88:3, 6-7, 14, 16-17. How do you feel (or have you felt) like the psalmist does in this passage? Why do you think it's important to pray your honest feelings to God? What keeps you from being honest with God when you're in dark times? How could being honest about the disorienting feelings you have ultimately help you? *Lord, thank you that you're not afraid of my honesty and the darkness I feel. Please give me the confidence in your love for me and my relationship with you to be honest when I'm experiencing darkness.*

**WEDNESDAY** Read Psalm 30:1-8, 10-12. Why is it important to move beyond lamenting to remembering who God is and what he has done for you? Think about the dark times you are in now, how could reorientation encourage you even as you pray your lament to God? *Lord, thank you that you are bigger than any lament I have. Please give me the strength and desire to focus on you even in the darkness. Give me the eyes to see people who need to be encouraged today.*

**THURSDAY** Read Psalm 130. As you read through this passage today how do you the psalmist orienting himself? How do you see the disorientation of the psalmist in this passage? How do you see the psalmist reorienting himself? In what way does this psalm most relevant to you today? How does the psalmists' reorientation encourage you personally? *Lord, thank you for the unfailing love and full redemption that I have in you. Please give me the patience to wait for you. Even when it's dark and I'm lamenting, please give me the faith and patience to wait.*

**FRIDAY** Read Lamentations 3:19-24. As you read through this passage today how do you see the prophet Jeremiah orienting himself? How do you see Jeremiah's disorientation in this passage? How do you see Jeremiah reorienting himself? In what way does Jeremiah's lament feel most relevant to you today? How does Jeremiah's reorientation encourage you personally? *Father, thank you for your love that is new every morning. God, as I look back on the hard times in my life I pray for Jeremiah's perspective. I pray that I will see the sadness realistically but that I will more than anything see that you are my portion and your timing is worth waiting for.*

**SATURDAY** Read Psalm 6. As you read through this passage today how do you the psalmist orienting himself? How do you see the disorientation of the psalmist in this passage? How do you see the psalmist reorienting himself? In what way does this psalm most relevant to you today? How does the psalmists' reorientation encourage you personally? *Father, thank you for hearing my cries for mercy, thank you for hearing my prayers. I pray for the courage to pray real prayers, prayers that come from my heart. Please use my prayer time to help me grow in my relationship with you.*