

- 1. STEPHENS MINISTRY One-on-one Christ-centered care to hurting people
- 2. HOME AID Assisting widows and single moms with home repairs
- 2. DRIVING ANGELS Rides to medical appointments
- **3. PEOPLE'S PANTRY** Help pthe eople coming to receive free groceries
- 4. DRESS A GIRL Sewing dresses for kids in need
- 5. VISITATION MINISTRY Visiting the sick and shut in
- 6. SONSHINE MINISTRY Cooking meals for those in need
- 7. BRIDGE OF HOPE Ministry to low-income nursing home residents
- 8. SAFE FAMILIES Caring for kids while parents get healthy to preserve family
- **9. TLC KIDS** Join the amazing team taking care of the youngest TLCers

- **10.HOMELESS MINISTRY** Outreach to the unsheltered
- **11. ACTS OF KINDNESS** Service projects in our community
- 12. TWIN LAKES WORSHIP Volunteer for our Christmas Musical
- **13. FOSTER THE BAY** Helping and supporting foster families
- **14. CABRILLO FOOTBALL** Housing for Cabrillo athletes who are homeless
- **15. SPECIAL EVENTS** Helping with a variety of events throughout the year
- **16. VIDEO & TECH** Be a part of the weekend
- service behind the scenes crew **17. WELCOME TEAM**

Ushers and greeters

**18. JOYFUL NOISE** Ministry to special needs adults

# CHASING DAVID WEEK 3 FINDING LIGHT IN THE DARKNESS 1 SAMUEL 19-22

All verses from the New Living Translation (NLT) unless otherwise noted.

David was **prospering in all his ways**, for the LORD was with him. When Saul saw that he was prospering greatly, he dreaded him. 1 Samuel 18:14-15 NASB

Saul now urged his servants and his son Jonathan to assassinate David. 1 Samuel 19:1a

David fled and escaped... 1 Samuel 19:10 (six times)

# Six supports lost by David:

- \_\_\_\_\_ (1 Sam 19:8; cf 19:10)
- \_\_\_\_\_ (1 Sam 18:14-15)
  - \_\_\_\_\_ (1 Sam 19:11-17)
  - \_\_\_\_\_\_ (1 Sam. 19:18-20:1)
    - (1 Sam 20:42)

\_\_\_\_ (1 Sam 21:10-15)

So David left Gath and **escaped to the cave of Adullam**. Soon his brothers and all his other relatives joined him there. Then others began coming—men who were **in trouble or in debt or who were just discontented**...about **400 men**. 1 Samuel 22:1-2

# How to Survive Cave Times:

### 1. \_\_\_\_\_ how you feel

I **cry out** to the Lord; I **plead** for the Lord's mercy. I **pour out** my complaints before him and **tell** him all my troubles. Psalm 142:1,2

Hear my cry, for I am **very low**. Rescue me from my persecutors, for **they are too strong for me**. Psalm 142:6

# 2. \_\_\_\_\_ for who he is

Then I pray to you, O Lord. I say, "You are my place of **refuge**. You are **all I really want** in life." Psalm 142:5

Have mercy on me, O God, have mercy on me, for in you my soul takes **refuge**. I will take **refuge** in the shadow of your wings until the disaster has passed. Psalm 57:1 NIV

I cry out to God Most High, to God, who **will** fulfill his **purpose** for me. Psalm 57:2

My heart is **confident in you**, O God; my heart is confident. No wonder I can sing your praises! Psalm 57:7

The foundation of my faith is not the good \_\_\_\_\_

The foundation of my faith is the good \_\_\_\_\_

# 3. \_\_\_\_\_ by helping others

...and he became their commander. 1 Samuel 22:2b NIV

**Stay with me; don't be afraid**. The man who wants to kill you is trying to kill me too. **You will be safe with me**." 1 Samuel 22:23 NIV

Oh, the joys of those who are kind to the poor! The Lord rescues them when they are in trouble. Psalm 41:1 LB

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest." Matthew 11:28

# ACTS @ KINDNESS

Blessed are those who have regard for the weak. Psalm 41:1

Here are just some of the serving opportunities for Acts of Kindness month. For more options and details visit **tlc.org/AOK**. If you have questions contact **Robin@tlc.org** or **465-3381** or at the contact listed under each event.

#### APTOS JUNIOR HIGH SCHOOL GIFT BAGS

10/19 • 9-10am • Rm. 7106/7107 • Signup: **tlc.org/aptosJH** Help assemble encouragement gift bags for school staff.

#### **PROJECT PAJAMAS**

10/19 - 9am-11am • TLC Lobby • Signup: **tlc.org/pajamas** Sort, package and deliver NEW pajamas for infants to teens in transitional housing. Collecting NEW PJs from Oct. 1-17 ONLY in barrels in lobby. Questions: **arijustice@yahoo.com** 

#### **HYGIENE BAGS FOR HOMELESS**

10/22 • 2-4 PM • Santa Cruz Main Library • Signup: **tlc.org/hygiene** Work alongside Downtown Streets clients assembling personal hygiene bags for the homeless in the library's upstairs meeting room.

#### **CLOTHES FOR JANUS**

*Only 10/19-31* • *Barrels in TLC Lobby* Collecting NEW socks, underwear, & sweatpants for adult men and women clients in the mental health program at Janus. Do not drop off before or after these dates.

#### **EMBRACE GRACE BABY GIFTS**

*Pick up tag 10/25-26* • *TLC Lobby* • *Return by 11/1* Purchase pre-selected baby items for single, homeless pregnant women. If you want to help wrap presents: tlc.org/embracegrace. Questions: Rachel at **embracegrace.rachael@gmail.com** 

#### **CLOTHING FOR SALVATION ARMY SHELTER CLIENTS**

Only 11/1–18 • Barrels inTLC Lobby

Collecting good, gently used shoes, pants, and shirts for children, women, and men who are housed at the Salvation Army. Do not drop off before or after these dates.

#### WATSONVILLE CONNECT

*11/13* • 9:30am-3:30pm • Veterans Hall, Watsonville • Signup: **tlc.org/phc** Help walk homeless clients around to various services or volunteer your services such as hair cutters, vets, eye doctors, etc. Registration opens mid-October.