

## Saturday

Please read Psalm 9:10. What is the point the psalmist is trying to get across? What does it mean to “know his name”?

Oswald Chambers, said, “Faith never knows where it is being led, but it loves and knows the One who is leading.” As we look to the Lord to become people of commitment, let us trust the Lord in casting off any fears we might have and focus on what the Lord has for us.

*Please pray for this weekend's services. Pray that as we study about the value of commitment the Lord would do a radical work in his people. Pray that we as a church will grow in our relationship with the Lord and be in tune to what he is doing in and around us.*



WEEK 2

## Overcoming My Fear of Commitment

AUGUST 3 & 4, 2013 • RENÉ SCHLAEPFER

### Review: The Power of Commitment

#### My commitments...

- **FOCUS MY ENERGY**
- **INSPIRE PERSONAL GROWTH**
- **STABILIZE MY RELATIONSHIPS**
- **DETERMINE MY IMPACT**

### Why do so many fear commitment?

Portions adapted from Rick Warren, *Freedom From Your Fears*, part 8

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

A double-minded man is unstable in all his ways. *James 1:8*

Jesus replied, “No one who puts a hand to the plow and looks back is fit for service in the kingdom of God.” *Luke 9:62*

### How do I overcome my commitment-phobia?

1. \_\_\_\_\_  
If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. *James 1:5*



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2. \_\_\_\_\_  
It is a trap for a man to dedicate something rashly and only later to consider his vows. *Proverbs 20:25*

Jesus: "Suppose one of you wants to build a tower. Will he not first sit down and estimate the cost to see if he has enough money to complete it?" *Luke 14:28*

3. \_\_\_\_\_  
If you wait for perfect conditions, you will never get anything done. *Ecclesiastes 11:4 NLT*

4. \_\_\_\_\_  
Commit everything you do to the LORD. Trust him, and he will help you. *Psalm 37:5 NLT*

For God is working in you, giving you the desire to obey him and the power to do what pleases him. *Philippians 2:13 NLT*

... the eyes of the LORD range throughout the earth to strengthen those whose hearts are fully committed to him. *2 Chronicles 16:9*

### Essential commitments in life:

- A commitment to \_\_\_\_\_
- A commitment to \_\_\_\_\_
- A commitment to \_\_\_\_\_
- A commitment to \_\_\_\_\_

## Next weekend:

Dr. M. Craig Barnes, the new president of Princeton Seminary, continues our "ALL IN" series! Don't miss it!

## Daily Meditations

### Monday

Review the notes from this weekend's message. As you evaluate your life — your priorities, your daily schedule, what keeps you from committing? Do you feel you often fear commitment? If so, why? Read John 8:36. God desires us to overcome — to be free of — this fear of commitment. He reminds us that by his Son we are free, which means freedom from fear.

*Thank the Lord that he offers freedom! Thank him that, as you evaluate your life, he is faithful to forgive and help you get back on the right track.*

### Tuesday

Please read James 1:15. God is **eager** to give you wisdom as you navigate life and commitments. Why is this encouraging to you?

Go on to read James 3:17 as it describes what heavenly wisdom looks like. How is worldly wisdom hurting you? In what areas of your life do you need to specifically ask God for his perfect wisdom? How will you cultivate that?

*Lord we praise you that your heavenly wisdom is pure, peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Thank you for freely giving such great wisdom to us when we ask.*

### Wednesday

Please read Psalm 37:23–24. The benefit to being a person that is able to commit, by faith, is that the Lord will make his steps firm. That means you can have confidence that, no matter what happens, the Lord is near. As you ponder this scripture, what might be keeping you from committing something in your life to God? What fears are you still holding on to?

*Thank God today that he wants to be part of the details of your life. That he sees your timeline, beginning to end. Ask him to grow you as you learn to commit your ways to him.*

### Thursday

Often as we deal with the uncertainty of life, we have to, by faith, surrender our anxieties to the Lord. Psalm 31:15 reminds us that "my times are in your hands". That means that even though decisions, conditions, or our future may seem uncertain- God is in control. How does this passage of scripture challenge or inspire you as you look to be a person of commitment?

*God, I thank you that in your goodness you guide and direct my life — that there is nothing that happens to me or that I go through that you do not already know about. Thank you for leading me through any decision I may face.*

### Friday

Trusting God can often be easier said than done. Take a minute right now and write down what areas of your life you are easily able to trust God in. Now take another brief minute to write down areas where you struggle trusting the Lord. Please read Proverbs 16:3. What does it mean for the Lord to establish your plans?

*Thank the Lord for all he has done already in your life. Thank him also for what you anticipate him to do in the future as he heals some areas in your life and helps you to become a person of commitment.*



For God is working in you, giving you the desire to obey him and the power to do what pleases him. *Philippians 2:13 NLT*