

# PRAYER UPDATE

## HOSPITALIZED & SURGERIES this past week

**Ethan Pope (age 6)** leukemia treatment, LPCH Stanford Day Hospital every 10 days for the next two months. This is his 5th round of chemo pumping four different drugs into his little body. Please continue to pray for the family as they travel to Stanford for morning chemo.

**Nina Faith Swain, 3 months old** recovering from surgery at Lucile Packard Children's Hospital.

**Liz Bishop** Please pray for conclusive results and complete healing as Liz goes through several more procedures.

## TLC SHUT-INS

### and many more visited by our Visitation Team

Cookie Carson, Daisy Stocking, Elizabeth Harrell, Ellie Tefertiller, Eleanor Carrigan, Ellen Hylan, Estelle Weeks, Faith Carroll, Gerry Cutshaw, Gwen Johnson, Hayden Dryden, Helen "Tari" Sypherd, Jane Evers, John Symons, Judy Helmle, Hazel Nelson, Lois Hanneman, Louis Schiavon, Lynette Baudour, Paul Seals, Nancy Shipley, Pammy Sue Heller, Paul Baker, Philip Mount, Ramona Bennett, Rosa Minuti, Sue Doxtater, Susie Price, Suzanne Scatena, Thelma Swain, Wayne Elliston, Winona McCormick

**A complete prayer list is available at the information desk.**



## HOW TO THRIVE SPIRITUALLY

MAY 17 & 18 // RENÉ SCHLAEPFER

### THE BIGGEST THREAT TO MY SPIRITUAL LIFE:

The subtle shift from:

“\_\_\_\_\_ enough!” to

“\_\_\_\_\_ enough?”

### 1. RECHARGE \_\_\_\_\_ GRACE

“You then, my son, **be strong in the grace** that is in Christ Jesus.” 2 Timothy 2:1 NIV

Greek “*be strong*” in passive voice =

“\_\_\_\_\_”

### 2. RETELL \_\_\_\_\_ OF GRACE

“And the things you have heard me say in the presence of many witnesses **entrust to reliable people** who will also be qualified to **teach others**.” 2 Timothy 2:2

“**Remember Jesus Christ**, raised from the dead, descended from David. **This is my gospel**.” 2 Timothy 2:8

### 3. RESIST \_\_\_\_\_ FROM GRACE

- SOLDIERS: Stay \_\_\_\_\_  
“Join with me in suffering, like a good soldier of Christ Jesus. No one serving as a soldier **gets entangled** in civilian affairs, but rather tries to please his commanding officer.” 2 Timothy 2:3-4
- ATHLETES: Stay \_\_\_\_\_  
“Similarly, anyone who competes as an athlete does not receive the victor’s crown except by competing **according to the rules.**”  
2 Timothy 2:5
- FARMERS: Stay \_\_\_\_\_  
“The hardworking farmer should be the first to receive a share of the crops.” 2 Timothy 2:6  
  
This is not about \_\_\_\_\_  
  
This is about \_\_\_\_\_

### 3. REALIZE \_\_\_\_\_ OF GRACE

“And **because I preach this Good News**, I am suffering and have been chained like a criminal. **But the word of God cannot be chained.** So I am willing to endure anything if it will bring salvation and eternal glory in Christ Jesus to those God has chosen.” 2 Timothy 2:9,10 NLT

“This is a trustworthy saying:

If we die with him,

we will also live with him.

If we endure hardship,

we will reign with him.

If we deny him,

he will deny us.

If we are unfaithful, he remains faithful,

for he cannot deny who he is.”

2 Timothy 2:11-13

### THE BOTTOM LINE (AND THE STARTING LINE!):

“Timothy, my dear son, **be strong through the grace that God gives you** in Christ Jesus.” 2 Timothy 2:1 NLT

MY STRENGTH COMES FROM \_\_\_\_\_ I AM, NOT \_\_\_\_\_ I AM

## DAILY MEDITATIONS

**MEMORY VERSE:** “For I know whom I have believed, and am convinced that **he is able to guard what I have entrusted to him until that day.**” 2 Timothy 1:12b

**MONDAY:** Read 2 Timothy 2:1-2. Paul tells Timothy to “be strong in the grace that is in Christ Jesus”. The Bible talks a lot about grace. It’s the undeserved favor of God toward you, available through faith in Christ. What do you think it means to be “strong” in the grace of Christ? How would it make you stronger to really believe God has blessed you infinitely through Christ, by HIS grace, not your works?  
*Today live in gratitude for God’s grace! Say to yourself throughout the day, “God has blessed me with His grace!” Give thanks to God for that!*

**TUESDAY:** Read 2 Timothy 2:3-4. How is the life of faith like the life of a soldier? Specifically, what does Paul say a soldier does NOT do? How can Christians sometimes get entangled with “civilian affairs”, or distracted from a life focused on our faith? What are your biggest distractions from Christ? In what ways is Jesus your “commanding officer”? *Ask God to help you resist distractions and focus on Him and His plan!*

**WEDNESDAY:** Read 2 Timothy 2:5. In what ways is the life of faith like the life of an athlete? What point is Paul making when he says athletes can only win if they compete according to the rules? If athletes improve incrementally by practicing their skill – for example, runners improve by running, and weight lifters improve by lifting weights-- then how do people of faith increase their faith? How can you do this today? *Ask God to help you increase your faith by being faith-filled in little ways today!*

**THURSDAY:** Read 2 Timothy 2:6. In what ways is the life of faith like being a farmer? If farmers need to stay committed to their fields, and not just run around to a new field every day, how does this apply to your life of faith? What similar point is Paul making in his three analogies of soldier, athlete, and farmer? How does this apply to your life of faith? *Ask God to help you stay focused on His grace and His power!*

**FRIDAY:** Read 2 Tim. 2:9-13. Paul says to remember Jesus Christ, raised from the dead. Why does he have to remind Timothy of this—if we are not careful, where else can our focus drift? What do you personally tend to forget about the Gospel and who you are in Christ? Paul says although he’s chained up, God’s word isn’t. What does he mean? *Pray for those in chains for the gospel around the world. Ask God to help you say “yes” to all he has for you!*

**SATURDAY:** Read 2 Timothy 2:14-26 in preparation for this weekend’s message. Please pray for the services, that God will work in them in amazing ways! Thanks!